

The METNA News

Newsletter of the Merced Extension Triangle Neighborhood Association

Volume 20 Number 3

Visit us at: metna.org

May 2020

RESILIENT MET SPRINGS INTO ACTION FOR THE FIRST TIME



The reality of the COVID-19 coronavirus and the “stay at home order” first by the Mayor and then by the Governor put the Resilient MET team into action.

First, a series of scheduled meetings, including a Resilient MET meeting, were cancelled. Notices went out to neighborhood residents just days after the meeting announcements, that all meetings were cancelled. This action was taken prior to the stay at home order and the response of “social distancing.”

Next, through the Neighborhood Empowerment Network (NEN) and the San Francisco Department of Public Health, Resilient MET put door hangers on all single family homes within the Merced Extension Triangle boundaries with information regarding the coronavirus, COVID-19. A few remaining, limited amount of notices, were given to OceanView Village to post in the building’s elevators. The notices appeared in four languages to reach the vast majority of residents in a timely manner. A second door hanger “Stay home”, from the Department of Public Health was placed on everyone’s door in the first week of April.

Since mid-March, Resilient MET members have reached out to community residents through the metna.org website with pertinent information regarding numerous contacts and information. A telephone tree was set up with calls to reach as many neighborhood residents to encourage everyone to check in on each other, especially the elderly, those persons with special needs, and those persons living alone.

We have received vital information and encouragement from District 7 Supervisor Norman Yee’s office staff and have passed that information on to residents. The work of Daniel Homsey and the Neighborhood Empowerment Network has been instrumental in coordinating our efforts to reach as many people as possible.

The Community Connectors program has been very helpful reaching out with various informational and contact items. Those who use Nextdoor were also able to communicate with each other, giving support when needed.

The leadership in the City and County of San Francisco has been exemplary, led by Mayor London Breed, and Dr. Grant Colfax, Director of the Department of Public Health during the COVID-19 coronavirus pandemic.

San Francisco and surrounding communities have been blessed with outstanding first responders, Police and Fire men and women, plus the courageous and monumental effort provided by our health care workers who have given so much of themselves during this major crisis. To all of those serving, we thank you. We must also give thanks to the many men and women working in a myriad of stores and businesses who have stayed open to provide vital services to the community.

Through the coordinated efforts of Governor Gavin Newsom, the leadership of our state and local legislators, the community at large has received the vital support needed to be as safe as possible.

CDC GUIDELINES FOR THE COVID-19 CORONAVIRUS

The Centers for Disease Control (CDC) is still studying the transmission of the COVID-19 coronavirus. It is thought to be transmitted mainly by respiratory droplets between people who are in close contact with each other. According to the CDC, it is also possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then spreading it to their eyes, nose or mouth. The infection does not penetrate the skin.

A team of scientists also found that the virus can linger in the air as virus droplets for up to three hours which is particularly alarming for people out and about even with a six foot spacing among people. The one precaution that the CDC and scientists say is that the stay at home order is the most effective way to prevent the spread of the COVID-19 virus.

If a person gets sick and believes he/she has been exposed to **cont’d on page 4**

HMART RENOVATION AT OVV SHUTS DOWN DURING COVID19 PANDEMIC

The COVID-19 virus pandemic has hit the Merced Extension Triangle and greater community at large with an unforeseen side effect. Public Health officials on March 31st announced that certain types of construction will not be allowed during the shelter in place order and social distancing. Most of the discussion centered around housing construction including affordable housing units. However, caught up in the edict are renovations such as the Hmart Supermarket at OceanView Village.

With most residents at home at the 370 unit housing complex at OceanView Village and with reconstruction taking place below, there was daily noise from a small construction crew moving forward up until the order to shut down work on March 31st. The sweeping newest order banning a range of commercial and residential construction had previously been exempt from the stay-at-home mandates. The order states that projects “that provide services to vulnerable populations” and that are “required to maintain safety, sanitation and habitability or residences and commercial buildings,” may continue. All other construction is prohibited in the six Bay Area counties.

Hmart Senior Director Sam Kim, overseeing the 43,000 sq.ft. space states, “We have been delayed, but for the safety of everyone (residents and construction crew) we have no choice. Safety is our top priority. When the City lifts the executive order we will continue. We are more than halfway through our construction phase.”

Prior to the order Bay Area counties allowed most construction projects to continue, including public infrastructure and projects essential **cont’d on page 4**

METNA MEETING

THE REGULARLY SCHEDULED METNA MEETING ON TUESDAY, MAY 12, 2020 HAS BEEN CANCELLED

The next meeting is set to take place on TUESDAY, AUGUST 11, 2020, 7:00pm, at the Palmetto Meeting Hall
640 Palmetto Avenue
(between St. Charles and Chester)

ALL NEIGHBORS WELCOME

METNA presents: REGIONAL SERVICE NUMBERS

METNA annually provides important service numbers as a courtesy to our neighborhood residents. Please understand that telephone numbers do change from time to time, so we cannot guarantee the accuracy of all numbers listed. Numbers were in service as of April, 2020. All numbers are area code 1+ 415, unless otherwise noted.

Emergency: 911 (from cell phone: in San Francisco: 911, or in/out SF: 553-8090)

Police, Non-emergency: 553-0123

Human Services Hotline: 211, (direct service link M-F, 9:30a-5:00p)

SF Customer Service Line: 311, (TTY: 701-2323), (outside S.F.: 701-2311)

Telephone Information (Directory Assistance): 411

Transportation Hotline: 511

Telephone Repair, AT&T: 611

California relay for hearing impaired: 711

Underground Service Alert (USA) locating underground utilities: 811

Anonymous Tip Line: (Taraval Station) 242-9753; (General) 392-2623

Animal bites to report: 554-9422

Animal Care & Control: 554-6364; Emergency: 554-9400

BART Customer Service: 510-464-7134

BART Lost and Found Line: 510-464-7090

BART Police: Emergency: 510-464-7000; Non-emergency:

877-679-7000

BART Transit Information: 989-2278

Bay Area Air Quality Management District: 800-334-6367

Bee Swarms (police non-emergency, info on beekeepers): 553-0123

City Attorney, office: 554-4700

City Attorney, Hotline (incl. code enforcement): 554-3977

Clipper Card, registration/information: 877-878-8883

Crime Stoppers (Anonymous): 553-9755

Dept. of Health: Code Enforcement: 252-3805; Garbage Complaints: 252-3872

District Attorney, office: 553-1751

District Attorney, Victim services: 553-9044

Emergency Services Management, (Dept. of): 558-3800

Emergency Services, Office of Disaster Preparedness: 558-2700

Fire Department, Non-emergency: 861-8000 or 558-3300

Garbage pickup/ Trash not emptied (Sunset Scavenger/Recology): 330-1300

Graffiti, Police Report Hotline: 278-9454

Homeless Outreach Team, (SFHOT) 24-hour service line: Urgent

355-7445, Non-urgent 355-7401, Office 355-7555

Mayor's Office of Neighborhood Services: 554-5975

Mayor's Office of Economic and Workforce Development: 554-6969

Mosquito activity, reporting: 252-3806

Municipal Transportation Agency, Customer Service: 701-3000, or 554-5000

Neighborhood Emergency Response Team (NERT): 970-2022

P. G. & E.: 974-1555; 24 hour service: 800-743-5000; Outage: 800-743-5002

Pets, lost hotline: 567-8738

Poison Center: 476-6600 or 476-2845, 800-222-1222

Residential Permit Parking: 503-2020 or 701-3000

SamTrans Information: 800-660-4289

SF SAFE: 673-7233 or 553-1982

Spare the Air Alert: 877-466-2876

Suicide Prevention: 24 hours, 781-0500; S.F. Mobile Crisis: 355-8300

Supervisor Norman Yee, District 7: 554-6516

Taraval Police Station: 759-3100 or 553-1612

Captain Nick Rainsford; Taraval Captain's Clerk: 759-3113

Code Enforcement Officer & Permit Officer: 759-3123

Taraval Lieutenant's Office: Day and Night Platoon Commanders: 759-3102

Tip Line (Illegal activities): 553-3196

Trash/hazardous waste on private property, M-F, 8:am-5:pm: 252-3800; voicemail 252-3805

Water, Power, Sewer Emergencies: 923-2400 or 551-3000, 24 hours: 550-4911

West Nile Virus hotline: 877-968-2473

COVID-19 Information: Text COVID19SF to 888-777 for official updates

**** CONTINUE TO CALL: 311: to connect to all City Services ****

COMMUNITY CALENDAR**METNA MEETING SCHEDULE**

7:00pm at the Palmetto Meeting Hall @640 Palmetto Avenue (between St. Charles & Chester):

Tuesday, May 12, 2020 **CANCELLED**

Tuesday, August 11, 2020

Tuesday, November 10, 2020

MET COMMUNITY CONNECTORS

At the Golden Gate Church@201 Head Street (at upper Palmetto Ave)10:00am Tuesdays & Thursdays: Always Active senior exercise classes. **CANCELLED UNTIL FURTHER NOTICE**

TARAVAL POLICE COMMUNITY MEETING

3rd Tuesday, each month. Most meetings are held at

Taraval Police Station, 2345 – 24th Avenue

visit: www.taraval.org for time and location

CANCELLED UNTIL FURTHER NOTICE

SISTERHOOD GARDENS

Located @ north-east corner of Brotherhood Way and Arch St. Garden remains open for individuals to garden.

ALL SCHEDULED ACTIVITIES ARE CANCELLED UNTIL FURTHER NOTICE

JOIN METNA

Send \$20 check made out to METNA to Rich Zerga, 1095 Clayton St., SF, CA 94117

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Improvement

Steve Heide

306 St. Charles Ave.

650 991-0463

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Sue Harless

79 Kempton Ave

415 347-7361

Celia Herman

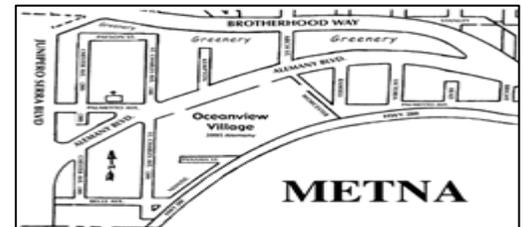
221 Chester Ave

415 559-2753

Neil Hunt

239 St. Charles

415 308-3486



SPECIAL COMMUNITY RESOURCES

METNA is providing special community resources to help our neighborhood residents navigate the various agencies and providers during the COVID-19 pandemic. The resources listed were available as of April, 2020. All telephone numbers listed are 1 + 415 unless otherwise noted.

Department of Emergency Management: COVID-19:

Alerts: Text COVID19SF to 888-777

California State COVID-19 response resource website:

<https://covid19.ca.gov>

San Francisco COVID-19 response resource website:

<https://sf.gov/topics/coronavirus-covid-19>

Business and Non-profit info:

SF Office of Economic and Workforce Development:

554-6134; Worker information assistance: 701-4817

(8:am-6:pm, 7 days/wk.)

Economic Relief Fund: 866-211-9966 (provide zip code for local agencies).

Disaster Distress Helpline: 1-800-985-5990

Health Coverage: Covered California Service Center:
800-300-1506

SF Department of Public Health, COVID19 updates:
www.sfdph.org/COVID19

SF Disability & Aging Services, Benefits Resource Hub:
355-6700

Community Connectors:

Laura Atkins: laura@sfcommunityliving.org

Patti Spaniak: patti@sfcommunityliving.org

SFUSD communications: newsline@sfusd.edu

SFUSD Family Portal (ParentVUE): www.sfusd.edu/parentvue

Tenant & homeowners assistance:

Housing Rights Committee of SF: 703-8644

Landlord assistance: SF Apartment Assoc: 255-2288

SF Tenants Union: 282-6622

Food and grocery information:

(Regular store hours have been reduced at certain locations)

Senior Only Hours at leading food outlets (days/hours may change):

COSTCO: 8:am-9:am, Tues. & Thurs.

Lucky: 6:am-7:am, Tues. & Thurs.

Safeway: Opening-9:am, Tues. & Thurs.

Target: First hour of opening, Wednesdays

Trader Joe's: 9:am-10:am, daily

Whole Foods: 8:am-9:am, daily

Park Plaza Fine Foods: Mon-Sat 8:00am-10:00pm,

Sun: 8:00am-9:00pm

Home delivery:

Safeway.com

Whole Foods: available through Amazon

Walgreens: for prescription drugs (request by text)

Meal delivery (for those who qualify)

Disability & Aging Services (DAS): 355-6700

Meals On Wheels: 920-1111

Project Open Hand: 447-2326, or 1-800 551-6325

Food Pantry: @ James Denman Middle School,

241 Oneida Ave.: Wed., 10:am-1:00pm

(no sign-up/no ID required)

I.T. Bookman Community Center, 446 Randolph St. @Arch:

Take out meals, 11:30a-1:pm (call 586-8020 for info.)

SFUSD School meals: www.sfusd.edu/schoolfood

Free grab & go meals, Mon. & Wed., 11:am-noon

Closest sites to the MET:

A.P. Giannini MS, 3151 Ortega St.

James Denman MS, 241 Oneida Ave.

Abraham Lincoln HS, 2162 - 24th Avenue

Open for business in the MET @ OVV, 3911 Alemany Blvd.

Extreme Pizza, Takeout & Delivery, 415-661-9300

or 650-992-9800

Subway, Takeout & delivery, 650-757-6100

More food and grocery delivery (SF & Bay Area), go to

<https://www.sfchronicle.com/food-delivery>

<https://www.sfchronicle.com/grocery-delivery>

TRANSIT SERVICE RESTRICTED DURING THE SHELTER IN PLACE ORDER

Muni Service Cutbacks

Muni announced in early April that most of its bus lines would be shut down throughout San Francisco. Hit very hard is the southwest section of the City where the K-Ingleside and M-Oceanview light rail lines were not only halted, but bus service to those lines were also curtailed, during the shelter in place order. Also temporarily shut down are the 28-19th Avenue line, a vital north-south link in the Sunset and Richmond Districts, serving Daly City BART, but also the 28R, 54-Felton, and 57-Parkmerced. The 57-line serves five major shopping districts, Lakeshore Plaza (Sloat Blvd.), Parkmerced Shopping Center (Cambon Dr.), Stonestown (20th Ave.), Lakeside Village (Ocean Ave.) and the entire West Portal corridor. The only bus lines in the immediate Merced Extension Triangle area are the 14-Mission at Daly City BART, and the 29-Sunset, on Junipero Serra, at Garfield and Winston.

When shutting down service Jeffrey Tumlin, Executive Director/CEO of SFMTA, stated "Our priority is to be fully transparent with the community. Our goal is to restore normal service as quickly as possible." At a news conference on April 6, Tumlin stated, "As a lifelong advocate of transit and director of SFMTA, I never thought I'd say this, but please, if you have any other option getting around, please do not ride Muni."

BART Reduced Services

Bay Area Rapid Transit (BART) service has been cut back with a reduction of train service and hours. BART moved its closing time for daily service on all lines from 12-midnight to 9:00pm in March. People must be in the system by 8:45pm to guarantee to reach their destination. It also delayed the start of weekend service from 6:00am to 8:00am.

Then starting on April 8, BART service was further reduced to 30-minute intervals. Plus, the last Warm Springs-Daly City (Green) line train departs Warm Springs at 5:16pm, and arrives at Daly City at 6:26pm. It then departs Daly City at 6:34pm arriving at Warm Springs at 7:54pm. The last Richmond-Millbrae (Red) line train departs Richmond at 5:41pm, arrives at Daly City at 6:35pm, and Millbrae at 6:51pm. That last train then departs Millbrae at 7:18pm, arrives at Daly City at 7:31pm, and Richmond at 8:24pm.

According to BART information, as the newsletter went to press, on the Antioch-Daly City (Yellow) line, the last train from Antioch to Daly City arrives at 8:46pm, and leaves Daly City to Antioch at 9:01pm. On the Dublin/Pleasanton-Daly City (Blue) line, the last train leaving Daly City is at 8:36pm, and the last train in to Daly City is at 9:05pm. These times are subject to change at any time.

To better plan your BART trip, call the Transit Information Center at 1- 510-465-2278.

All 27 transit agencies serving the Bay Area, have reduced schedules. If you must travel on public transit, check service changes at 511, or by calling each transit agency.

SOME PARKING RESTRICTIONS HAVE BEEN TEMPORARILY LIFTED

Mayor London Breed announced in March that SFMTA will not issue tickets for street sweeping during the shelter in place order. However, the Mayor asked residents to move their vehicles for street sweeping which will continue on regular dates and times.

Some parking enforcement is temporarily suspended, however, parking will still be enforced for red, yellow, and white zones, "No stopping/No Parking" zones, plus double parking, parking in transit and bike lanes, blocking sidewalks, and of course for blocking driveways which also leads to vehicles being towed.

NEIGHBORHOOD WATCH

HIGHWAY 1 REPAVING PROJECT FINALLY BEGINS

Approximately one year after detour signs were posted in the MET for the paving of Highway 1 (Junipero Serra and parts of 19th Avenue), work began in late March. Ghilotti Construction, contracted by CalTrans, is doing the road work at a time when traffic is at a minimum with the shelter in place orders. The work along Highway 1 is set to continue through May.

TWO FOOD ESTABLISHMENTS AT OVV HAVE BEEN A CONSTANT

Subway open since June 30, 2004, and Extreme Pizza open since October 30, 2004 have remained the two constant tenants at the OceanView Village retail complex. Both Subway and Extreme Pizza offer quality food products when neighborhood residents need a break from preparing food. Subway uses delivery services DoorDash, Ubereats, and Postmates, plus Subway App. Extreme Pizza delivers to your door.

For a quick and tasty meal, consider supporting your neighborhood food outlets. Subway can be reached at 650-757-6100, and Extreme Pizza at 650-992-9800.

RED ZONE PLANNED ON ST. CHARLES FOR 54-BUS

SFMTA has not moved forward with a plan to add a no parking red zone on the west side of St. Charles at the corner of Alemany Blvd. METNA is keeping an eye on this and was told that they would be informed before any plans to move this forward occurs.

THE LATEST ON THE NEW OCEAN VIEW LIBRARY PROPOSAL

No plans have been released to the public, and the project is currently on hold. The last information available was that engineers were studying the intersection and topography of the area for further evaluation.

PGA CHAMPIONSHIP AT HARDING PARK

The PGA of America stated in early April that the PGA Championship, originally set for May 11-17 at TCP Harding Park, is now rescheduled to begin on August 6, 2020, and will remain at Harding Park. No decision has been made to date as to whether fans will be allowed to attend. More information will appear in the August METNA News.

their hands frequently for at least 30 seconds.

For more and complete information go to [cdc.gov](https://www.cdc.gov), and for official local updates text COVID19SF to 888-777, plus watch or listen to local news broadcasts.

WHAT IS METCC AND WHERE DO I FIND IT?

The Merced Extension Triangle Community Connectors (METCC) is a program for older adults, 60 years and above. The goal of the program is to "change strangers into neighbors, and neighbors into friends."

Meet your neighbors at METCC for exercising, socializing, and for programs on health, culture, food, and more. Upcoming programs include: Writing and storytelling, a Third Thursday Book Club, monthly birthday celebrations, plus free exercise classes are offered by the Always Active program for all seniors. The classes are offered on Tuesday and Thursday mornings and begin at 10:00am at the Golden Gate Church of Christ meeting room, at 201 Head Street at the corner of Upper Palmetto Avenue. Currently the program is on hold due to the COVID19 order to shelter in place. Once the program returns, stop in and see how these METCC classes will enhance your life.

For questions regarding the programs and/or exercise, contact Laura Atkins at laura@sfccommunityliving.org.

THE BROTHERHOOD WAY PEDESTRIAN BRIDGE MEETING PUT ON HOLD

A community meeting set for March 12 at the St. Thomas More School gymnasium was postponed due to the Covid-19 virus pandemic. Prior to the shelter in place order given by both Mayor London Breed and then Governor Gavin Newsom, the meeting was postponed to prevent attendees from contracting the virus. The decision to postpone was made by all parties in the best interest of public health and safety.

No new meeting date has been set while we wait for the pandemic to cease and the health order lifted.

Hmart cont'd from page 1

to the functioning of the city during the first part of the shelter in place order, plus health care facilities, hotels, and grocery stores. It is not certain when the ban will be lifted and the project at OceanView Village will be back on schedule.

SCHOOLS CLOSED BUT EDUCATION CONTINUES

Although social distancing has made it impossible for schools to reopen in San Francisco and across the state, education continues with a combination of on-line learning and distance learning, set up by the SFUSD, for public school students.

San Francisco Public Schools' Superintendent Dr. Vincent Mathews has stated, "I want to be clear, the 2019-2020 school year has not ended. Learning will continue to the greatest extent possible through both digital and non-digital interactive teacher-led learning." San Francisco Board of Education president, Mark Sanchez said, "We want to make sure every child has a device and access to the internet. I'm sure that will be our biggest challenge."

To reach that goal, any student and family that are lacking the tools necessary to receive learning via the internet should contact the SFUSD webmaster via e-mail at website@sfusd.edu or call 415-241-6565. Students and parents may contact Family Portal (ParentVUE) by visiting www.sfusd.edu/parentvue.

CDC Guidelines cont'd from page 1

the coronavirus, the CDC recommends that you call your health care provider and explain your symptoms and concerns. They will decide if the person needs to be tested. They will also give health care advice.

The CDC guidelines issued in February, and updated since, continues to state that if a family member gets sick and does not need hospitalization and can be cared for at home, then a family member should help the person with basic needs and monitor symptoms while also keeping as much distance as possible. If there is space, then the family member should stay in a separate room and use separate facilities to minimize contact with healthy family members. The sick family member should wear a mask when he or she is around others if at all possible. Wash and clean all surfaces regularly and each household member should wash

METNA REMINDER

MUNICIPAL POLICE CODE 33 LITTERING ON SIDEWALKS OR STREETS

MPC Code 33 states: "Throwing litter or debris onto streets is unlawful. Sweeping out any litter or debris onto streets, sidewalks, or public places without removing/disposing is prohibited."

Public Works states: "Public Works is responsible for streets, from curb to curb. Property owners (residents) are responsible from building to curb (sidewalks.)"

Please keep your responsible area clear, clean, and safe for everyone.

BE A RESPONSIBLE NEIGHBOR!

Keep your area clean. Do not litter. If you have a pet, clean up after your pet at all locations. If you see large quantities of trash or litter in any location, please call 311 to report it. Public Works and/or Recology will respond to clean up the debris.